

YOUR BOREDOM BUSTER JAR

To stop the chorus of "Mom, I'm bored" - cut out these boredom busters and pop them into a jar - then when they're bored - have them go fish for a fun activity to do. And use the label to decorate the jar...

have a tea party

go indoor bowling

watch the clouds

walk your dog

ice some marie
biscuits

wash the car

run through the
sprinkler

put the sprinkler
on in the garden

make something
out of a box

build a tent with
blankets and chairs

pull weeds out of
the garden

make a jelly

invent a circus act

prepare a
"restaurant" lunch
with menu

string noodles into
a necklace

act like your
favourite wild
animal

feed the birds

make a treasure
hunt

explore the garden
with a magnifying
glass

have a paper
aeroplane race

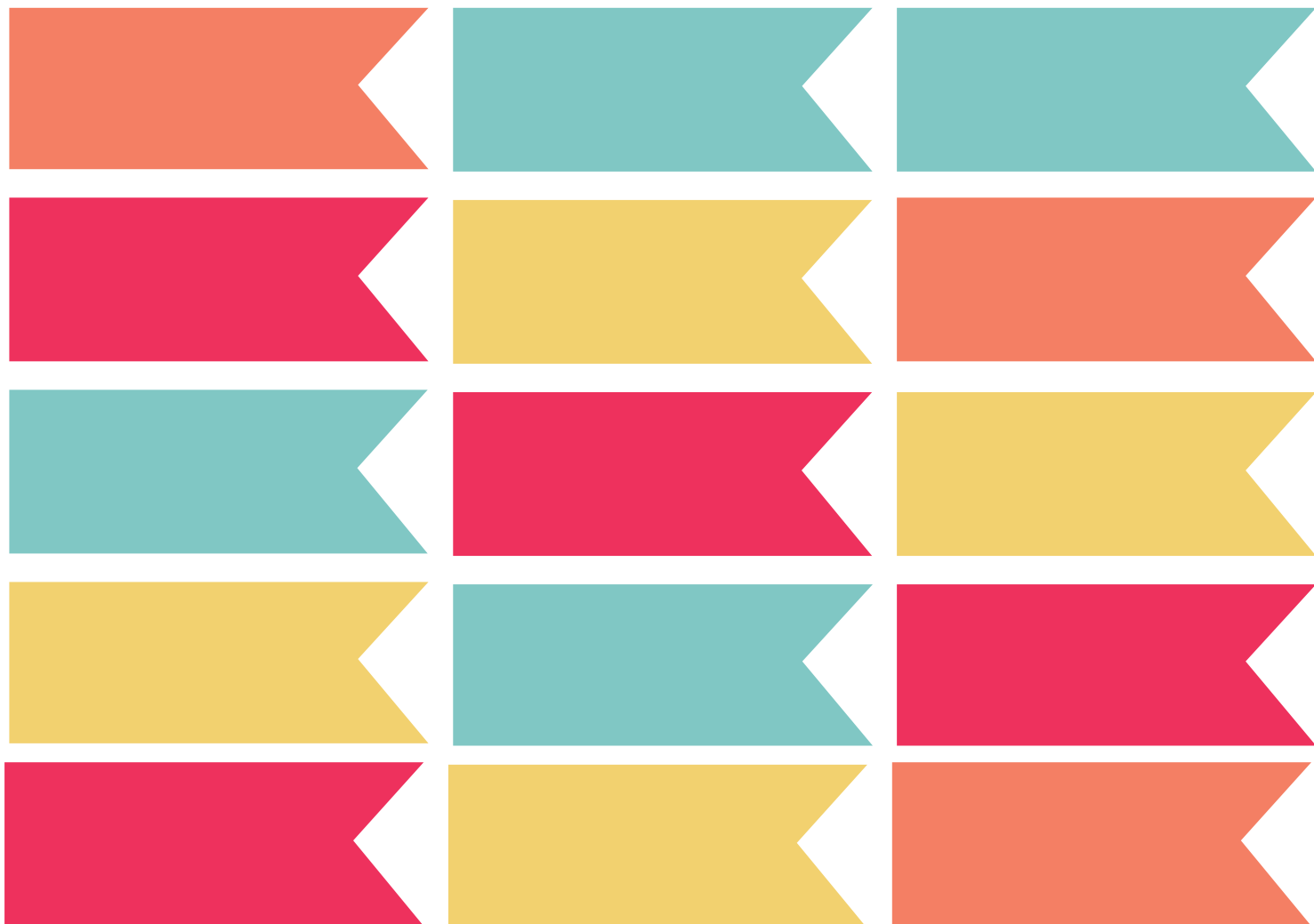
get sidewalk chalk
and play hopscotch

make up a song

play dress up

put on a sock
puppet show

FILL IN YOUR OWN IDEAS...



BOREDOM BUSTER JAR LABEL

